

The Mencap logo, featuring the word 'mencap' in a white, lowercase, sans-serif font inside a pink speech bubble shape.

SCAN TO FIND
OUT MORE!



WILL YOU BE A SUPERHERO FOR MENCAP?

Yr Hydref hwn, ewch ati i gymryd rhan yn nhaith gerdded Archarwyr Mencap yn Wrecsam.

Cydiwch yn eich clogyn, casglwch eich ffrindiau archarwr ac ymunwch â ni ar dydd Sadwrn Hydref 29ain. P'un a ydych chi'n gwisgo fel eich hoff arwr llyfrau comig neu'n gwisgo gwisg i anrhydeddu rhywun sy'n eich ysbrydoli, byddwch chi'n codi arian hanfodol i gefnogi pobl ag anableddau dysgu.

This October take part in Mencap's Superhero walk in Wrexham. Grab your cape, gather your superhero friends and join us on Saturday 29th October. Whether you dress as your favourite comic book hero or don a costume to honour someone who inspires you, you'll raise vital funds to support people with learning disabilities.

A photograph of a man with short dark hair, smiling, wearing a dark blue jacket over a grey shirt. He is standing outdoors with a blurred green landscape in the background. A white arrow points from the top right towards the text box below.

Pryd: Dydd Sadwrn Hydref 29ain,
11am – 3pm

Ble: Wrecsam

Cofrestru:

£10 (plant o dan 16 a gofalwyr
am ddim)

Lleiafswm codi arian: £100

www.mencap.org.uk/wrexham

When: Saturday 29th October,
11am – 3pm

Where: Wrexham

Registration:

£10 (children under 16 and
carers free)

Minimum fundraising: £100

www.mencap.org.uk/wrexham

A yellow speech bubble with a black outline and a tail pointing towards the bottom right. It contains text about signing up for the event.

Superheroes, sign
up now at:
[www.mencap.org.
uk/super](http://www.mencap.org.uk/super)

The logo for the Fundraising Regulator, consisting of the letters 'FR' inside a circle.

Registered with
**FUNDRAISING
REGULATOR**